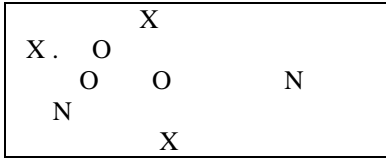


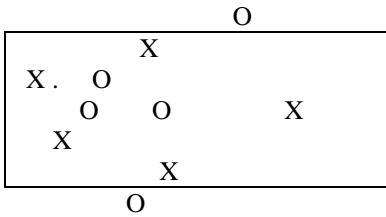
**Theme: Playing from the back third to the middle third.**  
**Region II Girls ODP Camp**  
**U-17 (1987's)**  
**July 7 2004**

**Activity #1: General Possession**

Numbers 3v3+2



or....5v(3+2)



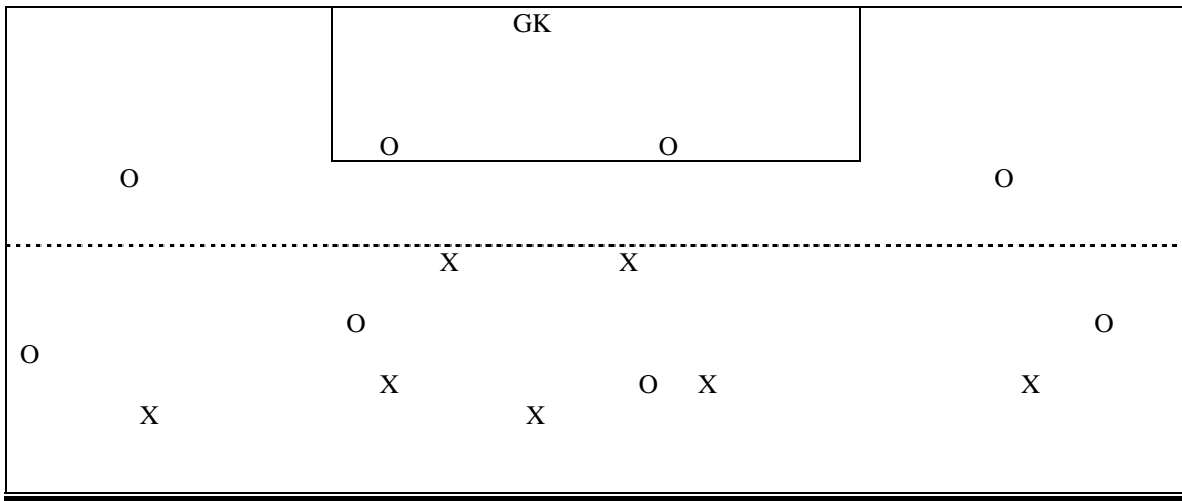
Space: 35 x 25 yards

Scoring: Highest number of consecutive passes

Time: 10-15 minutes

**Activity #2: Playing in two thirds**

Numbers: 4v2 in D/3 and 4v5 or 4v6 in M/3



**Special Rules:**

1. No press zone in back 25 yards (logistical adjustment).
2. Attackers (X) score by dribbling over half-way line
3. Defenders (O) score in the regular goal.
4. Additional players may be used as targets at half-way for X's: Passing goals vs dribbling goals.

5. Teammates may be “played” in, but not ahead of the ball (pass leads run to keep space alive).

Coaching Points:

Patience in attack!

Maintain shape and circulate the ball quickly.

Change speed of attack when opportunity to penetrate arises.

Involve back players in attack, but maintain defensive team balance

**Activity #3: 11v11**

Coaching Points: As above